

THE GARNETHILL CENTRE



DIPLOMA IN PSYCHODYNAMIC COUNSELLING

A two year part-time course in central Glasgow

(easy access to rail, subway and bus links)

August 2024 to June 2026

Validated by COSCA

Accredited by

University of the West of Scotland

(120 credits at SCQF level 10)

A scheme for Accreditation of Prior Learning is in operation.



Tel: 0141 333 0730

Email: admin@garnethillcentre.org.uk

Website: www.garnethillcentre.org.uk





OVERVIEW OF THE DIPLOMA PROGRAMME

The Centre's Diploma in Counselling is a 400-hour, two-year part-time course that provides a full professional training for those wishing to train as counsellors. The diploma meets on Wednesday evenings from 5pm – 8.45pm and on one Saturday each month from 9.00am – 5.30pm during term-time.

The course has a modular structure with one module running each term from September to December, January to March and April to June each year. The course is experiential in nature and broadly comprises: theoretical seminars; clinical seminars; counselling skills practice; experiential groups; personal and group tutorials; supervised counselling practice; and personal therapy.



THE PSYCHODYNAMIC APPROACH

The psychodynamic approach focuses on and explores links between individuals' current experiences and significant events in early life. It is also central to the psychodynamic approach to explore those aspects of the self that are not fully known and that we may not be conscious of particularly as they emerge and are potentially influenced in the here and now of the therapeutic relationship.

While all successful therapies seek to relieve symptoms like depression and anxiety,

the aims of psychodynamic counselling extend beyond this. By providing a safe and deeply authentic relationship between counsellor and client, the counsellor seeks to foster and develop psychological capacities and resources in the client that enable them to live and relate to others in a more meaningful and fulfilling way.



COURSE FEE: Year 1 - £3500 Year 2 - £3500

(Fees can be paid throughout the year – further information is available)

- The course fee includes all tuition costs and an initial non-refundable registration fee of £500. It does not include costs for clinical supervision or personal therapy.
- Students need to complete a minimum of 100 clinical hours and undertake clinical supervision at a ratio of 1:6 as required by COSCA. Therefore they can expect to attend approximately 20 supervision sessions.
- Students are required to undertake a minimum of 40 sessions of Psychodynamic counselling during their training



ENTRY REQUIREMENTS AND SELECTION PROCEDURE

To be accepted for the course an applicant must have the potential to complete requirements and to develop into a safe and competent psychodynamic counsellor. In keeping with this aim, both personal and academic attributes will be considered in addition to related experience. **Applicants are required to have completed the COSCA Counselling Skills Certificate or similar attainment (original documentation required).**

Since the academic and written work of the course will be expressed at honours degree level, applicants will be required to evidence a capacity to achieve standards necessary to complete the course satisfactorily.



APPLICATIONS

Applications are now invited for the programme. Early application is advisable with a limited number of places available. Interviews will be scheduled following the receipt of applications. Applications and enquiries to:

Course Administrator

The Garnethill Centre

28 Rose Street

Glasgow

G3 6RE

Tel: 0141 333 0730

Email: admin@garnethillcentre.org.uk

Website: www.garnethillcentre.org.uk

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